

Body Orchestra

1. Perform the first action from the table below, example, BOING BOING
2. Ask the child to repeat the action
3. Perform the first action again followed by the second action, example, BOING BOING; HONK HONK
4. Repeat using the actions found in the table.



- Bounce head up and down and say “BOING, BOING”
 - Push finger onto nose and say “HONK, HONK”
- Pull one ear lobe then the other and say “DING, DONG”
 - Clap hands and say “CLAP, CLAP”
 - Tap knees and say “TAP, TAP”
 - Stamp feet and say “STAMP, STMP”
- Stand up and wiggle your bottom and say “WIGGLE, WIGGLE”.

